

Food Addicts Anonymous

DRAFT Twelve Concepts of Service

Working Draft – For Fellowship Review Only – Not Final Literature

CONCEPT ONE - Service and Responsibility

The final responsibility and authority for FAA services rest with the fellowship as a whole. At present, in the absence of a formal group conscience structure, our members all serve as spiritual stewards within each home group, intergroup, committee, the World Service Office (WSO), and the FAA Board of Trustees (BOT). Every trusted servant plays a role in carrying our message of recovery to all food addicts.

CONCEPT TWO – Spiritual Guidance

FAA depends on trusted servants – whether at the level of the home group, intergroup, committee, WSO, or BOT. The spiritual guidance of a Higher Power in our service work is demonstrated by our servants' willingness, humility, and faithfulness to our spiritual principles. No one governs; all serve.

CONCEPT THREE – Right of Decision

Trusted servants at all levels are granted decision – making authority within their service roles. Whether serving a home group, on a committee, at an intergroup, at the WSO or on the BOT, this right comes with the responsibility to seek spiritual guidance, practice accountability, and remain open to group input.

CONCEPT FOUR – Right of Participation

Every FAA member, home group, intergroup, and service committee has a voice. While no formal Fellowship-wide collective conscience currently exists, all members participate through open communication, surveys, and shared service experiences – especially intergroups and committees.

CONCEPT FIVE – Right of Appeal

Every service level must be open to minority opinion and appeal. Home groups, intergroups, and committees provide essential feedback to the WSO and the BOT, ensuring that dissent is honored and respected as the collective conscience continues to evolve.

CONCEPT SIX - TRUST

Trust in a Higher Power's guidance in our service work is spiritual - not based on authority or control. Whether one serves at the home group, intergroup, committee, WSO or BOT level, we trust that our

Higher Power's spiritual guidance is demonstrated by the example of our servants, the transparency of their actions, and how they support FAA's primary purpose through love and service.

CONCEPT SEVEN - Balance

The fellowship as a whole is guided by the spiritual principles of the Twelve Steps, Twelve Traditions and Twelve Concepts, while its legal authority is established through the Articles of Incorporation and Bylaws of Food Addicts Anonymous, Inc.

CONCEPT EIGHT – Effective Service Structure

FAA's service structure – though informal – includes active home groups, intergroups, working committees, and a supportive WSO/BOT. Each contributes to communication, literature development, event coordination, and more – supporting one another in a spirit of unity and service.

CONCEPT NINE –Leadership by Example

Good leadership is rooted in spiritual maturity. At every level-from the home group host to the Board member-trusted servants lead by example through love, patience, humility, and clarity of purpose. Leadership is spiritual service by personal example of the principles embodied in the Steps, Traditions and Concepts rather than directive or authoritarian in nature.

CONCEPT TEN – Clear Responsibility and Authority

Each level of FAA's structure operates with defined responsibilities:

- All trusted servants must disclose and eliminate any conflicts of interest, financial or otherwise.
- Home groups carry the message and practice the Steps, Traditions and Concepts.
- Intergroups support the needs of their associated meetings and groups.
- Committees address literature, outreach, operations and more.
- The WSO maintains operations, corporate records and communication.
- The BOT bears legal accountability and spiritual stewardship.

Everyone is responsible to the groups and to each other.

11. CONCEPT ELEVEN – Vision and Continuity

FAA ensures continuity through rotation of service positions, mentorship, and shared experience. Home groups raise future leaders. Intergroups and committees train trusted servants. The WSO and BOT provide administrative continuity and organizational memory while welcoming new voices and fresh energy.

CONCEPT TWELVE – Spiritual Foundation

Every FAA service effort – at the level of home groups, Intergroups, committees, the WSO and the BOT—is grounded in the spiritual principles of the Twelve Steps, Traditions, and Concepts. Love, humility, patience, forgiveness, and willingness, in particular, are fundamental spiritual cornerstones of every decision.