



Food Addicts Anonymous

Recovering together one day at a time from the biochemical disease of food addiction.

Virtual Sponsorship Workshop

“I Love FAA”

Have you felt the strength and support from having a sponsor? Are you ready to give back? Or maybe you have heard about having a sponsor and want to learn more. No matter the situation, join us to see how sponsorship can fuel your recovery. We have a panel assembled of strong sponsors willing to share their experience strength and hope. Sponsors work one-on-one with another food addict sharing what works for them, walking alongside their sponsees. They use and share FAA Tools and literature and apply the Twelve Steps and Twelve Traditions and offer support when it is needed. This connection—to Higher Power, to spiritual Principles and practices, and to other recovering food addicts—is a crucial part to recovery.

DATE: Saturday, Feb 13th

Time: 1:00-4:00pm EST

REGISTER [HERE](#) if you are interested in becoming a sponsor or finding a sponsor or partner in recovery.

ZOOM LINK:

<https://tinyurl.com/FAA-Virtual-Meeting>

SPONSORED BY THE FAA VIRTUAL INTERGROUP

Questions? Contact Kristy P 206-724-5720